



Youth Workshop

Ages 8-13

DATE: Friday July 19th, 2019

10am-3:30pm

LOC: The Devic Center

**Corner of Twnshp Rd 342 & Range Rd
3075 in the R.M. of Vanscoy, SK**

Facilitators:

Jolene Tse & Trevor Uruski

Monetary Appreciation: \$111.00/pp

**Call Pat @ 1-306-931-7128 to register
or www.eventbrite.ca**

Jolene takes you on a journey beyond the western structures, gently supporting and guiding you, as you experience an awakening of understanding of oneself, . . . a remembering of who you really are! Each session is unique and is an experience....beyond the spoken word!" ~ Tara Sue.

We joined the Rhythm Cradle in the centre of the circle. Then I felt a new sensation, the vibration of the didgeridoo going into my back, at the level of my broken heart. A dam burst and I began weeping. I wasn't too broken to be part of the circle.~ Jessica

The light within each child is precious!

We will be honoring each and sharing tools of inner exploration to support that light within.. brightly and expansively! Confidence...Love...Understanding...Acceptance and so much more!

. Gentle Freeform Movement* Breathwork * Yoga *Sound Bath

Therapeutic play Drumming Circle and Rhythm Cradle

Self Dis-discovery * Chakra Balancing * Toning * Creative Expressions

Accupressure and Tuning Fork Techniques & Activations * Energetic Balancing Techniques

Learn how to play Singing Bowls and use them to support self healing and transformation.

Please make sure your child is dressed for the weather, food for nourishment, water bottle, pillow, blanket, journal and pen/pencil.